




FEBRUARY NO-SPEND CHALLENGE TRACKER



NO SPEND DAYS

SUN	MON	TUE	WED	THU	FRI	SAT	
Place a  or  on successful no-spend days and an  or  on days you spent outside approved categories.							1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	